

Positive Vision Sales

FOCUS WITH POSITIVE THOUGHTS

PRESENTER: TRACY ST. GERMAIN

“There is nothing good or bad, but thinking makes it so.”

- William Shakespeare

Felling Negative?

How often do you put yourself down?

Is your negativity conscious?

Is you negativity subconscious?

What brings you down?

Fear?

Fear lack of love?

Too busy?

Fear being rejected?

Unhealthy habits?

Fear no sales?

“

**The greatest
barrier to
success is the
fear of failure.**

– Sven Eriksson





DOES YOUR **FEAR** HOLD YOU BACK?

**Want to tackle this
negativity?**



FOCUS and FACE your
Fears! HOW?

The background features a dark blue gradient with a series of curved, parallel lines that create a sense of depth and movement, resembling a tunnel or a stylized architectural structure. The lines are more prominent on the right side and fade into the dark background on the left.

Vision & Positivity

HOW TO BE CONSCIOUSLY
POSITIVE

**You create every single
one of your emotions!**

Eliminate negative thoughts:

- 1) Become very aware of when you are having negative thoughts.**
- 2) What is the topic revolving around?**

Eliminate negative thoughts:

3) Meditate/Find Quiet Time –quiet the mind and get rid of negative chatter. When you quiet your mind you open space to be happy “in the moment”.

4)Have something creative you are doing in your life. Focus on other people – contribute to a charity, to a cause.




The background features a dark blue field with a series of curved, glowing blue lines that create a sense of depth and movement, resembling a tunnel or a stylized architectural structure. The lines are more prominent on the right side, curving towards the center.

Decide & commit to
being a positive force!

BE WHAT YOU THINK!

**Want to boost sales?
Decide to have positive
thinking – conscious &
subconscious**

A close-up, grayscale image of a human eye. The eye is looking slightly to the right. Overlaid on the iris is a glowing blue digital grid pattern, resembling a computer screen or data visualization. The text is centered over the eye.

**What is creating your
emotions is not your
environment, it's you!**

A close-up, grayscale image of a human eye. The iris is replaced by a glowing blue digital grid pattern, suggesting a digital or artificial eye. The text is overlaid on the eye.

**It's how you think about
the environment that
creates the emotions.**

Thoughts create emotions.

2 Models BASED ON A RAISE

Model 1:

You attribute emotions to your external environment

**Get raise (Environment) - Feel happy (Emotions)
-Work harder (Actions) - Results (Positive)**

ENVIRONMENT-FEELING-ACTIONS-RESULTS

Model 2 - Get Raise

External Circumstance (same one) –

-then you don't have an emotion first you have THOUGHTS
(creates an interpretation filter)

-filter of interpretation can apply a negative or positive value to the event (you can decide if event is (-) or (+))

-Be happy (emotion)

-Work harder (action)

-Get results (positive)

**ENVIRONMENT-THOUGHTS (FILTER)-FEELING-
ACTIONS-RESULTS**

The KEY to life is this LAYER of interpretation.

If you can MASTER this layer...Gain consciousness over this filter. Then, how POWERFUL you can be!

Take control and be conscious of this filter.

Which Cycle do you want? Negative? Or positive?

Positive interpretation leads to positive emotions and positive emotions lead to positive results. The positive cycle.

The KEY is the interpretation of your environment/your conscious filter & subconscious filters.

Which cycle do you choose?



**Change your thought, feel
differently!**



Task to do...

Next 7 days raising your level of consciousness...

Commit to full responsibility of all your emotions (especially your negative ones).

Be extra aware & conscious of your negative emotions.

Stop and take notice of the thoughts you are creating in the moment. Don't stop the negative emotions, but become more aware of them. Be mindful of the thoughts that are running the emotion.

This is where mastery of your consciousness happens.

“If you are distressed by anything external, the pain is not due to the thing itself, but to your estimate of it; and this you have the power to revoke at any moment.”

— Marcus Aurelius